

# South Park Optical, Inc.

## Consent to Dilation

Dilation is an important part of a complete eye exam. Dilation will make your pupil (black part in the center of your eye) temporarily larger so the doctor can more thoroughly examine the inside of the eye for problems that can occur such as:

### Systemic Health Conditions

- Some examples include:
  - o Diabetes
  - o High blood pressure
  - o High cholesterol
  - o Cardiovascular problems
  - o Stroke risk factors
  - o Multiple Sclerosis
  - o Cancer
  - o Many others

### Ocular problems

- Some examples include:
  - o Cataracts
  - o Glaucoma
  - o Macular Degeneration
  - o Retinal tears and detachments
  - o Cancers of the eye
  - o Vascular conditions

Many of these problems can do not cause a change in your vision in their initial stages and can very easily be missed and undiagnosed if routine dilations are not performed as recommended by your eye care provider.

Side effects to dilation can include some visual blur, light sensitivity and allergic reaction. Blurred vision and light sensitivity generally last for 3-6 hours. Many patients feel comfortable driving after having their eyes dilated if they have sunglasses on (temporary ones can be provided for you), however some do feel uncomfortable. If you are concerned about driving after your appointment it is best to discuss that with the doctor and bring a driver if possible.

Please note there is **no** additional cost to have your eyes dilated, it is considered part of your comprehensive eye care.

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By signing below I authorize the eye care provider to put dilation drops during the exam of \_\_\_\_\_ if they deem it appropriate for the health examination.

Patient's name \_\_\_\_\_

Parent's name \_\_\_\_\_

Parent's Signature \_\_\_\_\_

Date \_\_\_\_\_